

# SEAT BUNGEE REPLACEMENT - DYNAMIC INDOOR ROWER

Materials Needed	Procedure Overview
<ul style="list-style-type: none"><li>• 1 Phillips head screw driver</li><li>• 1 Seat bungee</li></ul>	<ul style="list-style-type: none"><li>• Remove old seat bungee from Dynamic Indoor Rower</li><li>• Retain two screws for reinstallation</li><li>• Install new seat bungee</li></ul>

## Procedure

1. Using a Phillips head screwdriver, remove the seat bungee from the Dynamic Indoor Rower by unfastening the screws on both ends of the bungee. See photo A. Retain the two screws, as they will be reused in step 2.



photo A

2. Using a Phillips head screw driver, fasten one end of the replacement seat bungee to the seat frame (it does not matter which end of the seat bungee you use). Once the screw is tight, unscrew it  $\frac{1}{4}$  turn. The screw should be loose enough to allow the bungee connector to pivot. See photo B.



photo B

3. Holding the seat bungee taut, fasten the other end of the replacement seat bungee to the rear leg. Once the screw is tight, unscrew it  $\frac{1}{4}$  turn. The screw should be loose enough to allow the bungee connector to pivot. See photo C.



photo C

Finished installation



photo D